



Dr. Earl J. Lennard High School JROTC
2324 E Shell Point Rd., Ruskin FL 33570
LEAD, FOLLOW or GET OUT OF THE WAY!



LHS-JROTC-SAI

12 August 2026

MEMORANDUM FOR RECORD

SUBJECT: Lennard JROTC RAIDER Program

So, what is a Raider Program? Raider Program or "Raider" as it is more commonly known is a very popular athletic competition held within JROTC programs around the United States.

It is the JROTC equivalent of the Army ROTC "Ranger" competition in college, only far less dangerous but very challenging as well! The events are held outdoors at select High Schools or large expansive wooded areas. The exact Raider events differ depending on where we are competing, much like every golf course is slightly different, but the game is the same. Generally, no matter where we train or compete, there will be some type of personal fitness/individual strength test (i.e., push-ups, curl-ups, tire flip, obstacle course, etc.). There will also be a distance 5k team running event, along with some type of through the wood's obstacle type event, and some form of rescue/first aid litter carry event. Lastly, almost every Raider competition has a Rope Bridge construction/transport component. Other events can be maintained but I think you get the general idea that this is a mental and physical test of strength and endurance that takes a committed group of Cadets willing to train hard to prepare to be safe and successful.

Lennard's JROTC Raider program and Raider Challenges are voluntary and not required as part of the standard JROTC curriculum. If students are interested in participating, they should talk to Lennard's SAI.

Raider Cadets will train weekly through a demanding regimen designed to build strength, endurance, and mental toughness. Their workouts include long-distance running, push-ups, lunges, pull-ups, and other challenging exercises that prepare them to perform as a team under pressure. Through consistent training, these Cadets develop discipline, resilience, and the warrior mindset needed to succeed both on and off the course. Because of the intense physical training involved, Cadets must be cleared in Home Campus (<https://fhsaahome.org/home>) before participating.

This training will be conducted every Tuesday, Wednesday, Thursday, and Friday at 0645-0730 at Lennard High School, in addition to 8th period every day except Friday.

Upcoming Raider meets for SY 26-27 we expect to attend and compete at:

1. USF Suncoast Raider Meet: TBD
2. Hollins Raider Meet: TBD
3. Braden River Rumble: 19September
4. Sarasota Military Academy: 26September
5. Hudson Raider Meet: 17October
6. Anclote Raider Meet: 07November
7. Newsome Raider Meet: 16January
8. Best Raider Meet: TBD



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A long-term commitment is required and participation in these competitions also necessitates completion of a profile created on <https://fhsaahome.org/home> (aka *Home Campus*) where the Cadet must upload the requisite documents/certificates listed below:

- EL2 FHSAA Preparticipation Physical Evaluation Form (revision 2/26) that must be signed by a qualified medical professional - Page 4 of 4 must be completed which includes: doctors' signature, stamp and date, and cleared without limitations by approved medical personnel. *(attached)*
- Birth Certificate must be uploaded
- Proof of Residence (examples: current electric/water/gas bill within the last 30 days, current lease or mortgage. (Scan/upload one document)
- Government issued phot identification of parent or legal guardian; must include address.
- FHSAA Videos 1. Concussion Video Certificate, 2. Heat Illness Video Certificate, 3. Sudden Cardiac Arrest Video Certificate & 4. Sportsmanship Certificate (www.nfhslearn.com)
- Government Issued Photo ID of legal parent/guardian
- School Insurance of Florida which incurs a 30\$ cost <https://hcpsathleticprotection.com/>, *no other personal insurance will suffice or be accepted*
- Hillsborough County JROTC Cadet Consent Health Screening *(attached)*
- HCPS Student-Athlete Enrollment & Residential History *(attached)*

Point of contact for this memorandum is the undersigned at david.dietz@hcps.net

////////ORIGINAL SIGNED////////

DAVID S. DIETZ
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